



CHILDREN'S HOME OF YORK ANNUAL REPORT

2017/2018



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CHAIRMAN OF THE BOARD

It is my privilege to serve alongside Dr. Joe Birli, our Board of Directors, and an indomitable team of associates who are the heart and soul of our Children's Home of York. In our 154th year, I am humbled to stand in the shoes of prominent York leaders who, in 1865, developed plans for what was to become a private, non-profit home for orphans, whose purpose was to educate and provide shelter for orphans and impoverished children under the age of 12. On the 20th of February 1865, our institution was organized, electing managers and trustees, with Mr. Samuel Small as President and Mr. Henry D. Schmidt as Treasurer, First Director Mrs. C. A. Morris and Second Director Mrs. Samuel Small. We admitted 33 children in our first year, 21 of which were soldiers' orphans.

Though the orphanage was razed long ago, our Children's Home still provides shelter to children, respite to those in search of healing, stability, and guidance. The needs of our community are great and the Children's Home of York is committed to meeting those needs through supportive and collaborative programs. We are proud of our recent affiliation with the United Way of York County and our continuing success with the York County Office of Youth, Children and Families and Casey Family Programs through our Integrated Process Team. The complexity of social issues affecting our society demand adaptability and tenacity, and we are committed to meeting these challenges with both passion and compassion.

Thomas Burrowes, Superintendent of the Superintendency of Soldiers' Orphans, reported to the Pennsylvania Legislature on the 2nd day of January, 1866. Referring to the children residing in the numerous orphanages and asylums established since its inception one year earlier, Mr. Burrowes reported:

"There is, therefore, in their capabilities, as there unquestionably is in their bereaved condition, everything to demand, and not a single consideration to discourage persistence in the existing effort for their benefit."

With the continued financial support from our community and increasing advocacy at the state and federal level, we hope to secure the resources needed to support the delivery of these vital services. Finally, I wish to express my sincere appreciation to our volunteers, our donors, and our partner agencies who have sustained Children's Home of York. Together we are inspired to serve with humility and passion.

JT Hand



PRESIDENT OF CHILDREN'S HOME

I am privileged to serve as President/CEO of Children's Home of York. While I have been faced with many challenges, the one constant was the commitment of the community, the Board, and the personnel to our mission. I am only one of a vast network of contributors to our 154-year legacy and I am proud that I get to be a part of shaping the next 154 years. The work that we do with children and families can be in the midst of the most troubling or stressful time in their lives. Human service is rarely glamorous, but it is so vital. It has been a true privilege to be a part of their healing journey.

As the needs of the community in which we serve change, we have had the great fortune to adapt and continue to be a critical resource and support for many. We have developed a spectrum of care to provide guidance and support to children and families from all walks of life and developmental stages. Our mission is simple: empowering children to thrive, strengthening families, and enriching communities.

This mission is only possible with the generous contributions of both time and resources from individuals and businesses in the community. Your confidence in our ability to affect change in the lives of those most vulnerable has been of great value.

It is my commitment that we will continue to strengthen our community relationships and further develop our foot print of dedication, compassion, and service to every child in need. Furthermore, I welcome everyone who has interest and a passion to empower children and families to join Children's Home of York this year as we strive to build and strengthen families in our community.

During this fiscal year, I am delighted we were able to focus on fiscal responsibility by reducing the deficit by over \$400,000. By becoming a United Way of York County Partner Agency, we will have access to funding streams and marketing avenues previously limited to us. In addition to these efforts to ensure long-term financial health, we were able to develop the Integrated Practice Team Program, a collaboration between community stakeholders to provide support and guidance to families in the community. These three achievements will serve to further our mission, strengthen our community partnerships, and to prioritize fiscal responsibility.

Dr. Joseph Birli

President /
CEO
Joseph Birli, , Ed.D., LPC, NCC

Director of
Human Resources
Colleen Murphy

Director of
Finance
Melissa Bickel

Director of
Operations
Edward Watson, MSW, LSW

Associate Director of
Residential Services
Terri Tolomeo

Associate Director of
Permanency
Tammy Weimann

Associate Director of
Prevention Services
Cecilia Keesey

Associate Director of
Clinical Services
Lisa Fritz, MSW, LCSW

LEADERSHIP



BOARD OF DIRECTORS

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JT Hand

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Koplitz

Phyllis
Leonard

Eloise
Newsome

Diane
Rodkey

James
Sanders

Children's Home of York was founded in 1865 to provide services to children who were left homeless in the aftermath of the Civil War. During the 1970s, we needed to negotiate the shifting demands of the community by providing smaller, more individualized living situations. We were able to respond to those demands and the overall change in approach within the human service industry by developing group homes and a foster care program. Unfortunately, many children's homes were unable to successfully transition to this new way of thinking, and so were forced to close. They were unwilling to accept the new understanding of how to best support children with smaller, family-like settings. Children's Home of York, through its visionary Board and leadership and dedicated personnel, reinvented itself. It evolved. Matter of fact, Children's Home of York has never stopped its process of evolution. The evolutionary process has taken the organization from the simple form of an orphanage

WHERE WE'VE BEEN

WHERE WE'RE GOING

to that of a continuum of services ranging from our Partial Hospitalization Program that allows children to obtain the therapy and support they need without having the detrimental effects of removal from an educational environment to state-of-the-art Residential Treatment Facilities that offer therapeutic intervention to children, youth and their families who are working on very complicated mental health situations. In addition, there is a variety of capacities like prevention education and collaborative efforts, each focused on a single action....helping to improve the lives of children and families for the better.

A calculated change in position at the organization resulted in a continuum of care, providing specialized and focused care at different levels to meet the identified needs of the children and families served. Delivering high-quality services requires an enormous investment of time, talent and treasure. With the support of the generous community, Children's Home of York continues to invest in children, youth, and families.

Without a doubt, Children's Home of York continues to boldly evolve to respond to and meet the ever-changing needs of children and their families. During the past ten years, we've maintained the ability to evolve and remain a relevant, important part of child welfare serving South Central Pennsylvania.



PERMANENCY

FOSTER CARE

Permanency provides a variety of services for children and their biological, foster and/or adoptive families from birth through the age of 21. Our structured, therapeutic family environment provides intensive support with the goal of helping children in our care secure a permanent family as quickly as possible. We work closely with a pool of resource parents to provide a range of support services throughout Pennsylvania while working to ensure a stable, loving environment for the children in our care. We are able to offer diverse geographical and racial/ethnic environments essential to the successful placement of children and sibling groups of all ages who have a variety of emotional and psychological needs.

KINSHIP CARE

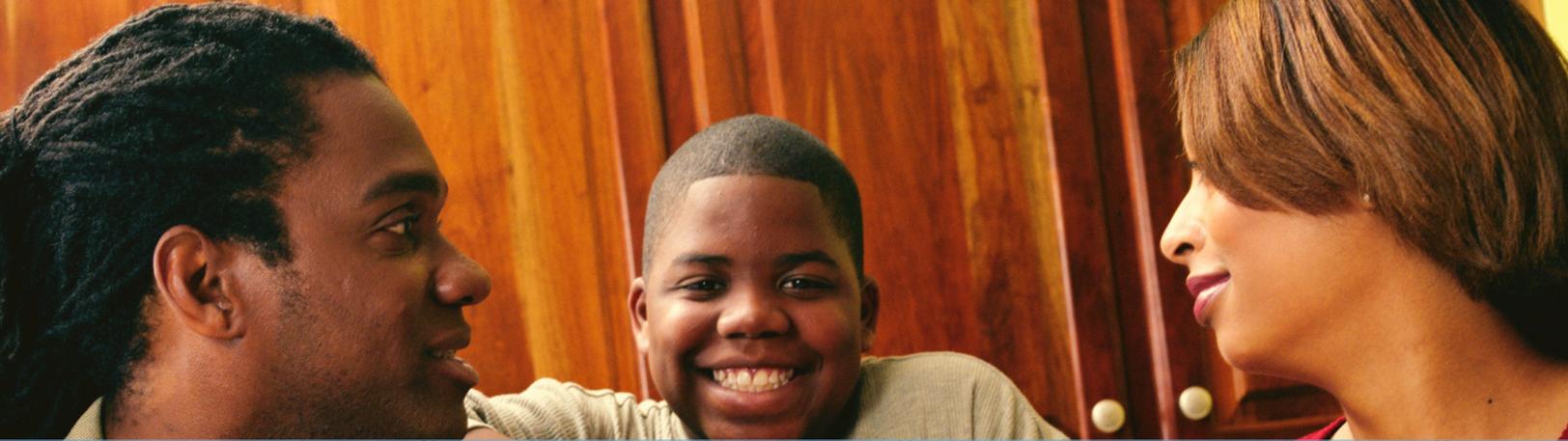
Kinship Care creates another placement option for a child who may not be able to continue living at home with their parents. Kinship Care is when children who have been separated from their parents are temporarily placed in the home of a caregiver who has an existing relationship with the child or the child's natural family. Kinship Care providers can be family such as adult brothers or sisters, cousins, an uncle or aunt, grandparent or others who have a close tie to the children in need of care.

178 CLIENTS SERVED

ADOPTION

Adoptive Services are provided for youth who are referred by the Children and Youth Services Agency, for potential adoptive families who are self-referred or referred by county agencies, and for families who have adopted and desire post-adoption support. We work with county children and youth agencies to not only provide services to ensure the process is handled quickly and professionally, but also prepare the child and perspective family emotionally throughout the entire process.

132 CHILDREN AND 47 FAMILIES SERVED



STRENGTHENING FAMILIES

Strengthening Families 10-14 is a seven-session program for families with young adolescents that aims to enhance family protective and resiliency processes and reduce family risk related to adolescent substance abuse and other problem behaviors. This evidenced-based curriculum helps parents/caregivers learn nurturing skills that support their children, teaches parents/caregivers how to effectively discipline and guide their youth, gives youth a healthy future orientation and an increased appreciation of their parents/caregivers, and teaches youth skills for dealing with stress and peer pressure.

140 CLIENTS SERVED

BRIDGES™ is a partial hospitalization program for children and adolescents ages 11-19 that are experiencing severe psychiatric symptoms and emotional disturbance. BRIDGES™ offers therapeutic milieu employing Sanctuary® principles and provides intensive, community-based treatment in conjunction with educational instruction from licensed Lincoln Intermediate Unit No. 12 teachers. BRIDGES™ operates year-round and consists of highly-structured therapy and offers scholastic education in conjunction with treatment services during the school year.

In August 2017, the program moved from its downtown location to the organization's main campus. The move provided the program with a space that better meets programming needs and has been met with positive reviews.

77 CLIENTS SERVED

BRIDGES™



Our Girls' Center is a licensed, gender-specific, trauma-focused Residential Treatment Facility. We specialize in treating Post-Traumatic Stress Disorder in young women between the ages 13 and 18.

While in our care, young women receive intensive therapy including individual, family, group, and expressive therapy modalities conducted by licensed social workers, licensed professional counselors, and master's-level clinicians. Educational services also are provided on site in cooperation with the Lincoln Intermediate Unit No. 12.

Girls' Center residents also learn independent living skills and effective coping strategies through therapeutic exercises, yoga and mindfulness, art and creative therapies, as well as an Equine Assisted Psychotherapy program.

27 YOUNG WOMEN SERVED

GIRLS' CENTER



INDEPENDENT LIVING

Independent Living at George Street is a community-based therapeutic program for young men ages 15 to 21. Each resident participates in an individualized independent living curriculum focused on instruction, positive therapeutic mediation, and real-life experiences. Clients work on developing pro-social, anger management, and conflict resolution skills. Residents also have access to treatment support and prevention services.

Residents learn basic skills such as cooking, cleaning, and doing laundry. Key independent living skills like completing job applications, interviewing, maintaining employment, money and time management, utilizing public transportation, and meeting housing needs are also a focus.

28 YOUNG MEN SERVED



PREVENTION SERVICES

PREP

PREP stands for Personal Responsibility Education Program and is for adolescents in Children's Home of York programs and several community-based programs. PREP is designed to reduce the number of young people engaged in risk taking behavior by providing them with essential knowledge, attitudes, skills, motivation, and self-esteem. PREP helps teens make healthy choices through life skills and education topics such as HIV/AIDS prevention, pregnancy prevention, and LGBTQIAPP+ issues. The program is designed to produce problem-solving skills for HIV/AIDS prevention among high-risk youth, particularly those susceptible to drug use and youth in correctional facilities. Last year, we also trained over 100 individuals in LGBTQIAPP+ topics.

80 YOUTH SERVED

DRUG & ALCOHOL PREVENTION

We offer numerous drug and alcohol Prevention Education Programs. One of the programs is called Too Good for Drugs. This is a free program offered to schools in York County and taught by trained educators from Children's Home of York. Programs are available for youth in grades Kindergarten-High School. The classroom program runs for 10 weeks; each lesson is approximately 45 minutes- 1 hour. The curriculum is evidenced-based and teaches drug prevention strategies while teaching life skills which include: Goal Setting, Decision Making, Identifying and Managing Emotions, and Resisting Peer Pressure. Additional strategies and skills are taught while using interactive lessons and activities.

500+ STUDENTS SERVED

PROBLEM GAMBLING PREVENTION

We offer Problem Gambling Prevention education in York County for children and adolescents and for Senior Citizens. "Kids Don't Gamble...Wanna Bet?" curriculum is designed to help students develop the knowledge base and skills necessary to think more critically about gambling. The goal of this curriculum is to discourage underage gambling and improve critical thinking. We focus on the practical realities of gambling, the odds against the gambler, compulsive behaviors that develop with a gambling addiction, and the serious consequences associated with underage gambling. Gambling Away the Golden Years is a curriculum designed to educate seniors on the dangers of problem gambling.

IPT

Integrated Practice Team is a new program developed during the 2017/2018 fiscal year as a collaboration between community stakeholders to better serve families with few other options beyond separation.

IPT is a community-oriented, strength-based, individualized planning process aimed at addressing the needs of families and children, both within and outside of formal human services systems, while they remain in their neighborhoods and homes. The team is comprised of community partners of various backgrounds and disciplines who offer knowledge and expertise toward the development of a Family Action Plan with specific action steps to ensure that the individual needs of the family are met while children live safely in their own homes. Family members are encouraged to attend their IPT meeting. IPT partners will be utilized to assist with family participation as necessary.

Children's Home of York coordinates the IPT process by providing facilitators and support staff for the purpose of facilitating, monitoring, documenting, and tracking the Integrated Practice Team (IPT) Process. The IPT process is modeled after a prototype developed by Family Support Services of North Florida, Inc. (FSSNF). The FSSNF protocol has been developing and evolving since 2008 with technical support from Casey Family Programs and has demonstrated high levels of measurable success as a placement prevention protocol.

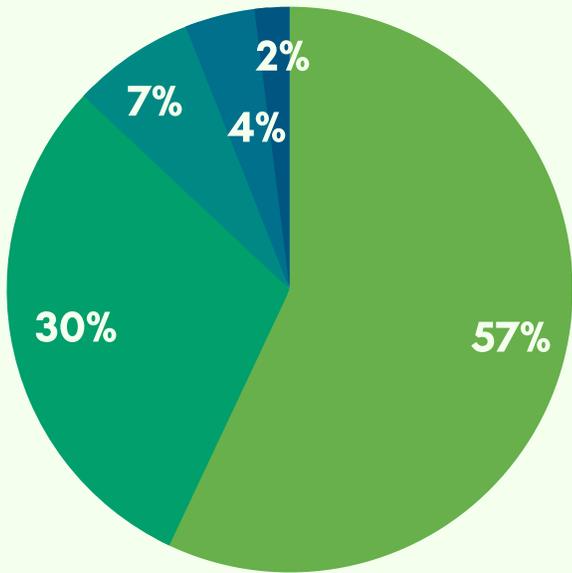
The program is funded with public dollars through the York County Office of Children, Youth & Families.

We served 133 families and 80% of the families were able to keep their families intact without their children being placed or becoming dependent.

INTEGRATED PRACTICE TEAM

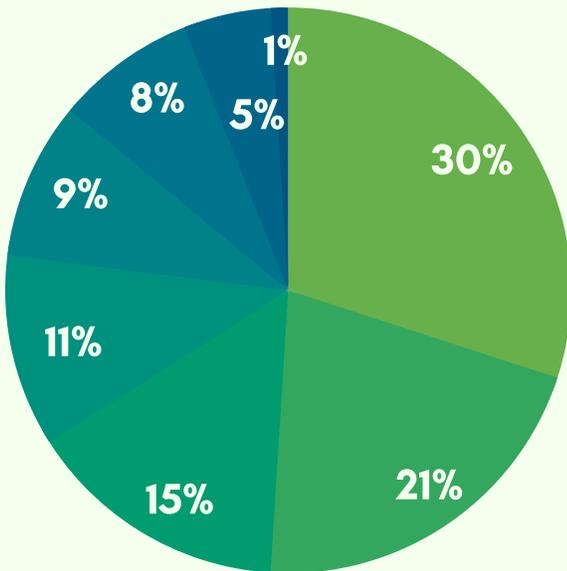


PROGRAM REVENUE



57%	Board Fees & Program Funding	<u>\$2,973,008</u>
30%	Insurance/Managed Care Fund	<u>\$1,555,782</u>
7%	Diakon Services (SWAN)	<u>\$355,600</u>
4%	Grants	<u>\$191,827</u>
2%	Other Local Services	<u>\$88,991</u>
<1%	PA School Lunch Subsidy	<u>\$26,473</u>
100% Total		\$5,191,681

PROGRAM EXPENSES

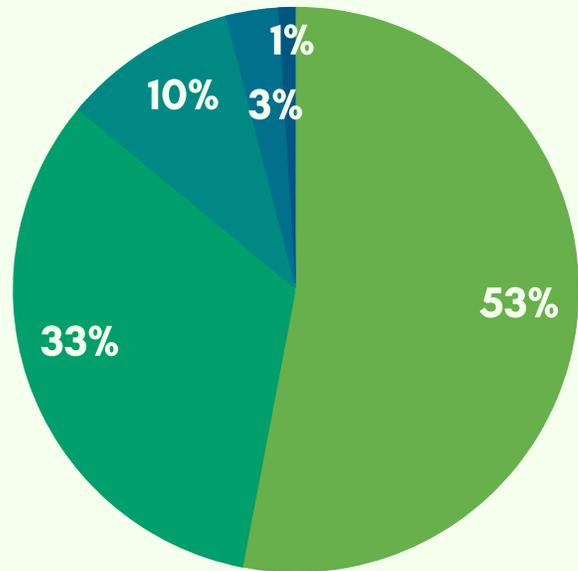


30%	Foster Care	<u>\$1,986,345</u>
21%	Girls' Center	<u>\$1,419,524</u>
15%	Administration	<u>\$1,029,364</u>
11%	Independent Living	<u>\$720,750</u>
9%	Adoption	<u>\$572,542</u>
8%	BRIDGES	<u>\$520,537</u>
5%	Prevention	<u>\$303,649</u>
1%	Diagnostic & Early Development	<u>\$93,953</u>
<1%	Tindall House	<u>\$13,130</u>
100% Total		\$6,659,794
- 5% Deficiency		(\$1,468,113)

FINANCIAL SUMMARY 16/17

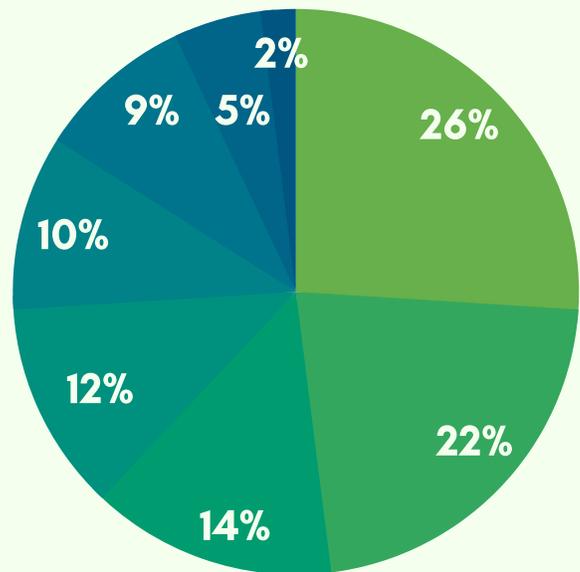
PROGRAM REVENUE

\$3,176,741	Board Fees & Program Funding	53%
\$1,994,790	Insurance/Managed Care Fund	33%
\$568,000	Diakon Services (SWAN)	10%
\$202,398	Other Local Services	3%
\$83,838	Grants	1%
\$0	PA School Lunch Subsidy	<1%
\$6,025,767	Total	100%



PROGRAM EXPENSES

\$1,842,564	Foster Care	26%
\$1,548,384	Girls' Center	22%
\$956,909	Administration	14%
\$819,528	BRIDGES	12%
\$703,633	Independent Living	10%
\$656,145	Adoption	9%
\$326,070	Prevention	5%
\$109,922	Integrated Practice Team	2%
\$76,881	Diagnostic & Early Development	<1%
\$7,040,036	Total	100%
(1,014,269)	Deficiency	- 7%



17/18 FINANCIAL SUMMARY



We want to take this opportunity to sincerely thank all of our donors that make our work possible. Without the tireless support of the community, we would simply be unable to continue. The gifts of your time, funds, and resource are deeply appreciated as we continue our mission to strengthen families and enhance the lives of children within our community.

During the 2017-2018 fiscal year, we were fortunate to participate in some new and exciting ventures in the community. We were proud to participate in the first Give Local York event, a twenty-four hour extravaganza that brings organizations and community members together for a day that puts the FUN back in fundraising.

We are also proud to say we've taken great strides in our partnership endeavors, becoming a United Way of York County Partner Agency. This affiliation opens many doors for us as an organization and will allow us to innovate and grow to meet the growing needs of the community.

One of the biggest and most impactful efforts we undertake is our Holiday Gift Drive. Every year we are stunned by the outpouring of support and kindness during the holiday season. Your participation directly effects the lives of hundreds of children and families so that everyone can have a wonderful holiday. As we continue to look toward the future, we are overjoyed to say our online gift registries were a hit! While we will always continue the tradition of the gift tags, we do understand times are changing and we need need to adapt. Through our online efforts alone, we were able to provide over \$20,000 worth of toys and gifts to children in your community.

While we embrace our 154-year legacy of supporting children in South Central Pennsylvania, we also understand that the needs of the community are ever-changing. We are eager to take on new challenges in the face of these changes with your generous support and sponsorship.

Thank you!



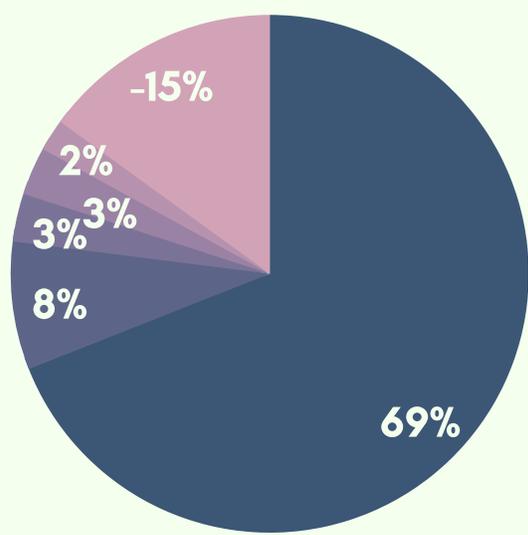
THANK YOU!

16/17



45% Contributions	<u>\$300,526</u>
20% Grants	<u>\$131,462</u>
14% Trusts Income	<u>\$93,321</u>
6% In-kind Donations	<u>\$41,844</u>
0% Special Events	<u>\$1,000</u>
-15% Fundraising Costs	<u>-\$96,922</u>
Total	\$471,321

17/18



69% Contributions	<u>\$816,002</u>
8% Trust Income	<u>\$88,673</u>
3% Grants	<u>\$37,803</u>
3% In-kind Donations	<u>\$30,583</u>
2% Special Events	<u>\$28,316</u>
-15% Fundraising Costs	<u>-\$176,191</u>
Total	\$825,186



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**Empowering Children to Thrive
Strengthening Families
Enriching Communities**



2017/2018